

# April 4月 Cherry Blossom Festival!

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## Northern California Cherry Blossom Festival®

April 9-10 and April 16-17

**1**  
**10:00 Amy's Craft Time - TEA**  
 11:00 Strength Training w/ Dick - TMP  
 2:00 Bingo Bonanza - TEA  
 3:00 Fruit of the Month - TEA  
 5:30 Movie/TV Show - TV Area

**2**  
**10:00 Zen Mindfulness w/Gary Gach - ACT**  
 11:00 Exercise w/Res Asst. - TMP  
 1:15 Stretch Bands w/Dick- TMP  
 3:00 Rooftop Sightseeing w/ Resident Asst. - LOB  
 5:30 Movie/TV Show - TV Area

**3**  
 10:00 TV Japan Viewing - TV Area  
 11:00 Exercise w/Res Asst. - TMP  
 2:30 Balloon Fun w/Resident Assistant - LOB  
**3:00 Concert by SF Conserv. of Music Students - TEA**  
 5:30 Movie/TV Show - TV Area

**4**  
 9:30 Tai Chi w/Garrett Chinn - ACT  
 11:00 Senior Fitness Exercise - TMP  
**1:00 Food Meeting w/Roddy - ACT**  
 3:00 Animal World: Red Crowned Japanese Crane - TEA  
 5:30 Movie/TV Show - TV Area

**5**  
 9:30 Massage Therapy w/Aida- ACT  
 11:00 Joyful Fitness w/Denise - TMP  
 2:00 Balloon Fitness w/Rev. Yano - LOB  
**3:00 Sketch Class w/Kinya - TEA**  
 5:30 Movie/TV Show -TV Area

**6**  
 10:00 Blackjack Tournament-TEA  
 11:00 Dynamic Balance and Active Stability w/Dick - TMP  
 1:30 Sing-along w/Peko-san - TMP  
**3:00 Cooking Class: Takoyaki - TEA**  
 5:30 Movie/TV Show -TV Area

**7**  
 9:30 Calligraphy w/Emiko-TEA  
 11:00 Stretch Bands w/Dick - TMP  
 2:00 Cabaret Hour w/Tom - TMP  
**3:00 En Espanol w/Ronda - ACT**  
 5:30 Movie/TV Show - TV Area

**8**  
**10:00 Carpet Bowling - ACT**  
 11:00 Strength Training w/Dick - TMP  
 2:00 What's That Smell? - TEA  
 3:00 Smoothie Social - TEA  
 5:30 Movie/TV Show - TV Area

**9**  
**10:00 Shall We Dance w/Jack Dairiki - TMP**  
 11:00 Exercise w/Res. Asst - TMP  
 1:15 Stretch Bands w/Dick- TMP  
 3:00 Bingo w/Res Asst. - TEA  
 5:30 Movie/TV Show -TV Area

**10**  
**10:00 SPCA Pet Visit - LOB**  
 11:00 Exercise w/Res. Asst - TMP  
 2:30 Bingo w/Res Asst. - TEA  
 3:30 Word Search Games - TEA  
 5:30 Movie/TV Show-TV Area

**11**  
**10:00 Brain Power Games - TEA**  
 11:15 Chair Aerobics w/Kaeko - TMP  
 2:00 Dowa & Doyo w/Noriko Kashiwabara - TMP  
 3:00 Word Search Games - TEA  
 5:30 Movie/TV Show - TV Area

**12**  
 10:00 Buddhist Service w/Jerry- ACT  
 11:00 Joyful Fitness w/Denise - TMP  
 2:00 Manicure w/Setsuko & Emiko- TEA  
**3:00 Calligraphy & Laughter w/ Rev. Kawahatsu - TEA**  
 5:30 Movie /TV Show - TV Area

**13**  
 10:00 Resident Council - TEA  
 11:00 Dynamic Balance and Active Stability w/Dick - TMP  
**1:30 Special Guest Singer from Japan: Eiji Natsuki - TMP**  
 3:00 US States: Arizona - TEA  
 5:30 Movie/TV Show - TV Area

**14**  
**10:00 Japanese Tea Tasting-TEA**  
 11:00 Stretch Bands w/Dick - TMP  
 2:00 Tea Ceremony w/Sunny-ACT  
 3:00 Prefectures of Japan: Kumamoto - TEA  
 5:30 Movie/TV Show - TV Area

**15**  
 10:00 Lobby Olympics - ACT  
 11:00 Strength Training - TMP  
 2:00 Bingo Bonanza- TEA  
**3:00 Garden Club and Garden Fun- CYD**  
 5:30 Movie/TV Show - TV Area

**16**  
 10:00 View TV Japan - TV Area  
 11:00 Exercise w/Res. Asst -TMP  
 1:15 Stretch Bands w/Dick- TMP  
**2:00 Babanuki Card Game-TEA**  
 3:00 Rooftop Sightseeing w/Res. Asst. - TEA  
 5:30 Movie/TV Show -TV Area

**17**  
**9:00 Senior Appre. Brunch- LOB**  
 10:00 Exercise w/Res. Asst - TMP  
 11:00 SPCA Pet Visit - LOB  
**1:00 Cherry Blossom Parade - Meet in LOB**  
 3:30 Movie Matinee: TV Area  
 5:30 Movie/TV Show - TV Area

**18**  
 9:30 Tai Chi w/Garrett Chinn - ACT  
 11:00 Senior Fitness Exercise - TMP  
 2:00 Dowa & Doyo w/Noriko - TMP  
**3:00 Japan Animals: Tanuki (Jpn. Raccoon Dog) - TEA**  
 5:30 Movie/TV Show -TV Area

**19**  
 9:30 Massage Therapy w/Aida- ACT  
 11:00 Senior Fitness - TMP  
**2:00 Balloon Fitness w/Rev. Yano - LOB**  
 3:00 Sketch Class w/Kinya - TEA  
 5:30 Movie/TV Show -TV Area

**20**  
**9:30 Bus Trip to Treasure Island & Sake Mus. - Meet in LOB**  
 11:00 Dynamic Balance - TMP  
 1:30 Sing-along w/Peko-san -TMP  
 3:00 World Nations: Scotland- TEA  
 5:30 Movie/TV Show - TV Area

**21**  
 9:30 Calligraphy w/Emiko - ACT  
 11:00 Stretch Bands w/Dick - TMP  
 2:00 Activity Meeting - TMP  
 2:15 Chat w/Kirk - TMP  
**3:00 Cooking Class: Daikon and Wakame Salad - TEA**  
 5:30 Movie/TV Show - TV Area

**22**  
 10:00 Carpet Bowling- ACT  
 11:00 Strength Training w/Dick - TMP  
 2:00 Bingo Bonanza - ACT  
**3:00 Happy Hour Social - TEA**  
 5:30 Movie/TV Show - TV Area

**23**  
 10:00 Jack's Travelogue - TV Area  
 11:00 Exercise w/Res. Asst -TMP  
 1:15 Stretch Bands w/Dick -TMP  
**3:00 Resident Care Update w/ Naoko - TMP**  
 5:30 Movie/TV Show - TV Area

**24**  
 10:00 TV Japan Viewing - TV Area  
 11:00 Exercise w/Res. Asst -TMP  
 2:30 Bingo w/Res Asst, - TEA  
**3:30 Stay Tuned w/Jimmy - TMP**  
 5:30 Movie/TV Show - TV Area

**25**  
 9:30 Tai Chi w/Garrett Chinn - ACT  
 11:15 Chair Aerobics w/Kaeko- TMP  
 1:00 SPCA Pet Visit - LOB  
 2:00 Dowa & Doyo w/Noriko- TMP  
**3:00 Japanese Folk Tales: Kasajizo - TEA**  
 5:30 Movie/TV Show - TV Area

**26**  
**10:00 Tabletop Travelers: Sequoia National Park - TEA**  
 11:00 Senior Fitness - TMP  
 2:00 Manicure w/Setsuko - TEA  
 3:00 History: Ghirardelli Chocolate Company of S.F. - TEA  
 5:30 Movie/TV Show -TV Area

**27**  
 10:00 Music Appreciation - TEA  
 11:00 Dynamic Balance and Active Stability w/Dick - TMP  
 1:30 Sing-along w/Peko-san -TMP  
**3:00 Blackjack w/Claire - TEA**  
 5:30 Movie/TV Show - TV Area

**28**  
 9:30 Calligraphy w/Emiko - ACT  
 11:00 Stretch Band Training w/Dick - TMP  
 2:00 Brain Power Games - TEA  
**3:00 Prefectures of Japan: Miyazaki Pref. - TEA**  
 5:30 Movie/TV Show - TV Area

**29**  
**10:00 Tea Ceremony w/ Sunny - ACT**  
 11:00 Strength Training - TMP  
 2:00 Showa Day in Japan - TEA  
 3:00 Welcome/Birthday Celebration - TMP  
 5:30 Movie/TV Show - TV Area

**30**  
 10:00 View TV Japan - TV Area  
 11:00 Exercise w/Res. Asst - TMP  
 1:15 Stretch Bands w/Dick- TMP  
 2:00 Minyo and Shamisen - TMP  
**3:00 Concert by SF Conserv. Of Music Students - TMP**  
 5:30 Movie/TV Show -TV Area

### Location Key:

**TEA-Tea Area (4th Fl.)**  
**ACT-Activity Area (4th Fl.)**  
**CYD-Courtyard**  
**TMP-Temple/Dining**  
**LOB-Lobby**



### DAILY ESCORTED WALK

9:00AM  
&  
1:30PM

### CATHOLIC COMMUNION

With Sister Elaine  
of St. Mary's Cathedral  
  
Thursdays at 1:30pm  
Temple. All are welcome.

**NOTE:**  
**ACTIVITIES**  
**ARE SUBJECT**  
**TO CHANGE**

**PUBLICATION ISSUED BY:**  
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